

MAUREEN CODISPODI

(she, her) RCC, CCC, MA, MAT

Providing virtual counselling throughout Canada.
Available to residents of BC, MB, SK, YT, NT, NU & NL.



MaureenCodispodi.com

MY CLIENTS

Adults (18+)*

Individuals

Couples

Immigrants/Expatriates

Adult Third Culture Kids (ATKC)

Neurodivergent (ASD & ADHD)

*Clients
under 18 on
request.

APPROACH USED

I use a **client-centred, integrative and multimodal** approach that incorporates the most **suitable interventions**, which are **tailored** to each **client's specific needs**.

AREAS OF FOCUS

In general but not limited to:

- Stress
- Anxiety
- Depression
- Relationship and family issues
- Acculturation and migration Issues
- Trauma

EXPERIENCE

- **24+ years** of mental health, education, learning services and special education **experience** in community and schools.
- Extensive experience working with **neurodiverse people** and **third-culture kids**.
- **Lived experience** as an **expatriate and third-culture** adult including **immigration, acculturation** and **reintegration**.

Have questions?
Want to know more?
Connect with me by booking
a free initial meeting.

RATES AT A GLANCE

These competitive rates are covered by most extended health benefit plans. Check your benefit plan for details of coverage.

- Initial Meeting
 - 15 minutes Free
- Individual Counselling
 - 50 minutes \$150 Tax incl.
 - 80 minutes \$200 Tax incl.
- Couples Counselling
 - Initial visit 80 minutes \$225 Tax incl.
 - 50 minutes \$170 Tax incl.
 - 110 minute \$300 Tax incl.

Best Fit Approach

Let's connect to find out if we are a match to collaborate on your mental health journey.

Check for coverage of RCC and CCC designations.

Currently accepting new clients.

Book Your Appointment Now

Book

Want to learn more about my qualifications and experience?

You can find this on

MaureenCodispodi.com

Maureen Codispodi Counselling




Based in British Columbia

Serving clients in BC, SK, YT, NT, NU, MB & NL

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